

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Components of Fitness Testing	End of Autumn 1		End of Spring 1		Beginning / End of Summer 1	
Sports Week (Intrahouse Comps)		Beginning / End of Autumn 2		Beginning / End of Spring 2		End of Summer 2
Reception	Health & Fitness (Body management)	Gymnastics	Dance	Invasion (Games)	Athletics (Track/ field)	Throw Catch Strike
	ABC Games (Fundamental Movement)	Invasion (Ball Skills)	Net & Wall Games (Sending & receiving)	ABC Games (Developing fundamental movements)	Swimming	Swimming

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Components of Fitness Testing	End of Autumn 1		End of Spring 1		Beginning / End of Summer 1	
Sports Week (Intrahouse Comps)		Beginning / End of Autumn 2		Beginning / End of Spring 2		End of Summer 2
Year 1 / 2 Year A	Health & Fitness (Developing Movement)	Gymnastics	Dance	Invasion (Attacking & Defending)	Athletics (Track/ field)	Throw Catch Strike
	ABC Games (Co-operative + Ball games)	Invasion (Ball Skills)	Net & Wall Games (Sending & receiving)	Target games (NAK / Boccia)	Swimming	Swimming
Year 1/ 2 Year B	Health & Fitness (About our bodies)	Gymnastics	Dance	Invasion (Attacking & Defending)	Athletics (Track/ field)	Throw Catch Strike
	ABC Games Developing Agility, Balance, Co-ordination	Invasion (Ball Skills)	Net & Wall Games (Sending & receiving)	Target games (Dodgeball)	Swimming	Swimming

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Components of Fitness Testing	End of Autumn 1		End of Spring 1		Beginning / End of Summer 1	
Sports Week (Intrahouse Comps)		Beginning / End of Autumn 2		Beginning / End of Spring 2		End of Summer 2
Years 3 / 4 Year A	Health and Fitness (Fitness)	Gymnastics	Swimming	Swimming	Net and Wall (Tennis)	Dance
	Invasion (Hockey)	Invasion games (Netball)	Orienteering (Cross country / Challenges)	Target (NAK / Boccia)	Athletics (Track and field)	Striking and Fielding (Softball)
Year 3 / 4 Year B	Health and Fitness (Fitness)	Gymnastics	Swimming	Swimming	Net and Wall (Badminton)	Dance
	Invasion (Tag Rugby)	Invasion games (Basketball)	Orienteering (Problem solving)	Target (Dodgeball)	Athletics (Track and field)	Striking and fielding (Cricket)

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Components of Fitness Testing	End of Autumn 1		End of Spring 1		Beginning / End of Summer 1	
Sports Week (Intrahouse Comps)		Beginning / End of Autumn 2		Beginning / End of Spring 2		End of Summer 2
Years 5 /6 Year A	Swimming	Swimming	Gymnastics	Health and Fitness (Leadership)	Net and Wall (Badminton)	Dance
	Invasion Games (Tag Rugby)	Invasion Games (Basketball)	OAA Challenges (Cross country / Problem Solving)	Target (Dodgeball)	Athletics (Track and field)	Striking and Fielding (Rounders)
Years 5 / 6 Year B	Swimming	Swimming	Gymnastics	Health and Fitness (Sports Leadership)	Net and Wall (Tennis)	Dance
	Invasion Games (Hockey)	Invasion Games (Netball)	OAA Challenges (Orienteering)	Target (Archery/Golf)	Athletics (Track and field)	Striking and Fielding (Cricket)