

## PE Intent

At Clive CE Primary School, we aim to develop a love of sport and physical activity in all children and inspire them to become lifelong active people. We want all children to develop and improve the fundamental skills needed to access all aspects of physical activity. Therefore, adaptations are made where necessary for children with additional needs. We aim to ensure our children will understand the importance of healthy competition against either themselves (personal best) or other children, the importance of an active and healthy lifestyle and the role that physical activity plays in achieving this. All children will learn how to swim, as well as basic water survival skills. Through lessons in PE, children will develop life skills such as team work, independence and resilience, building confidence and competence.

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

The national curriculum further states ***a high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.***

## Implementation

PE is valued as a subject and as such, time is given to ensure all children take part and receive high quality teaching. The PE curriculum is taught in-line with the National Curriculum, and is supported by outside agencies in order to develop staff skills and subject knowledge. Each class has access to two hours of high-quality physical activity every week. Each lesson, children are given the opportunity to practise skills in a variety of ways and each lesson builds upon the previous skills, allowing them time to embed it. Different skills are recapped throughout, and across, the years, each time they are being built upon; allowing children to know more and remember more. In Key Stage One children improve cooperation, agility, flexibility and strength through modified gameplay as well as specialist healthy active lifestyles lessons. Key Stage Two expands this to develop competence in a wide range of sport specific skills such as: athletics, badminton, orienteering and swimming. This progressive approach develops a greater depth of learning. Assessment ensures understanding by children of key concepts All children from reception have the opportunity to swim for ten weeks of the year. We offer a wide range of sports run by outside agencies and coaches. Alongside formal PE lessons, physical activity is encouraged in order to meet minimum requirements of 60 minutes per day. Our unique location means that all children have a daily walk uphill to reach the school

and all classes take part in a walk to our Woodland school once a week. Children are encouraged to be active at playtimes and lunchtimes through a variety of engaging activities, with children taking a key role in choosing, preparing and encouraging others in activities.

## **Impact**

Children are motivated to participate in a variety of sports through quality teaching that is engaging and fun. Our motto Aim High encourages all children to take part in activities and lessons and this is evident in their enthusiasm and commitment. From our lessons, our children learn to take responsibility for their own health and fitness, many of whom also enjoy the success of competitive sports. We equip our children with the necessary skills and a love for sport. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE. Through a varied programme of sports taught by both school teaching staff and outside specialists, children develop enthusiasm, confidence and competence. All children from Reception to Year 6 receive 10 weeks of swimming lessons at our local pool. As a result, in July 2024, 100% of year 6 children achieved the expected outcomes for swimming. We highly value this greater awareness of water safety particularly given our close proximity to local rivers and canals. Our links with Arthog Outreach provides children with the unique chance to experience other physical and enrichment activities such as rock climbing and canoeing. Our After School Sports Club provides additional opportunities for children to develop skills and to maintain an active lifestyle. A variety of sports are played in consultation with the children and their interests. Children further develop their PE skills by playing a number of sports outside school. These range from cricket at Acton Reynald Cricket Club, Dance, Local football and rugby clubs, swimming groups and Wem Tennis Club. All children from 7 years and up have the opportunity to take part in North Shropshire Small Schools Cross Country event, held at our own school and Grinshill. A large proportion of children take part and Clive has been successful in winning races and overall team certificates.